

## Starters & Light Bites

Homemade soup of the day, served with crusty bread	£ 3.95
Deep fried white bait with lime crème fraiche	£ 4.95
Homemade chicken liver and bacon pâté with apricot and 'Fuggle de dum' chutney	£ 4.95
Whole grilled sardines with garlic butter	£ 4.95
BBQ spare ribs with crusty bread	£ 4.50
Prawn and smoked salmon cocktail with crusty bread	£ 4.95
Breaded smoked applewood cheese with tomato chutney (v)	£ 4.95
Garlic and herb French stick topped with melting cheddar, brie and applewood cheese (v)	£ 3.95

## Main Meals

Hand cut ham with two free-range eggs, pineapple and chips *	(£ 5.95 sm)	£ 8.95
Homemade curry of the day, served 'w' rice, naan bread, puppadom & mango chutney *	(£4.95 sm)	£ 6.95
Home made pie of the day with seasonal vegetables and today's potatoes *	(£5.95 sm)	£ 8.95
Roast half shoulder of lamb with mash & roast gravy, served with fresh vegetables		£ 10.95
Pan fried liver and streaky bacon with mash & roast gravy, served with fresh vegetables *	(£5.95 sm)	£ 8.95
Half roast hickory BBQ chicken with fries and salad		£ 8.95
Goddards beer battered Cod with fries and peas		£ 7.95
Scampi, chips and home made tartar sauce *	(£4.95 sm)	£ 7.95
BBQ pork ribs with hickory sauce, fries and salad *	(£4.50 sm)	£ 8.50
Whole grilled fresh fish of the day		£ 9.95
Smoked Haddock, mackerel and prawn bake, served with salad and crusty bread		£ 7.95

*\* All meals marked with an asterisk are available in a smaller portion for big kids*

Don't forget to check our specials board for local produce and seasonal specialities

## Aberdeen Angus Burgers

Plain Beef burger (6oz uncooked)	£ 6.95
With cheese	£ 7.50
With cheese and bacon	£ 7.95
Windmill smoked applewood cheese	£ 7.75

*All burgers are served with home made relish, chips and side salad*

## Steaks

8oz Sirloin Steak	£ 11.95
12oz Rib Eye	£ 10.95
8oz Fillet	£ 13.95

*All served with fries and steak garnish*

Sauces available – Pepper, Stilton or Garlic £ 1.50

*Weights are appropriate uncooked.*

## Vegetarian Selection

Home made roasted Mediterranean vegetable lasagne with salad and crusty bread (v)	£6.95
Wild mushroom risotto with parmesan cheese and salad (v)	£6.95
Goat's cheese and vegetable tart with fresh salad and crusty bread (v)	£6.95

## Side Orders

Deep Fried potato skins (v)	£ 2.95
Garlic Bread (v)	£ 2.50
Side Salad (v)	£ 1.95
Chips (v)	£ 1.95
Portion of Veg (v)	£ 1.95
Crusty bread & butter (v)	£ 1.25

## Windmill Inn Ploughman's

Mature cheddar and Stilton (v)	£5.50
Mixed meat	£5.50
Ham and mature cheddar	£5.50
Pâté with 'Fuggle de dum' chutney	£5.50

*All served with pickled onions, pickles, apple and crusty bread*

## Baguettes and Sandwiches

Tuna and spring onion mayo	Bag £ 4.95	S/wich £ 3.95
Egg Mayo and Applewood cheese (v)	Bag £ 5.50	S/wich £ 4.45
Smoked salmon and cucumber	Bag £ 5.50	S/wich £ 4.45
Mature cheddar and farmhouse pickle (v)	Bag £ 4.50	S/wich £ 3.50
Prawn and seafood sauce	Bag £ 5.95	S/wich £ 4.95
Gammon ham and tomato	Bag £ 4.95	S/wich £ 3.95

*Sandwiches available on white or wholemeal bread, all served with garnish and crisps*

## Hot Baguettes

BLT streaky bacon, beef tomatoes and iceberg lettuce with mayonnaise	£6.95
CLT as above but with hot chicken	£6.95
Minute steak with fried red onions	£6.95
Locally made sausage and tomato relish	£6.95

Please order all your meals at the bar where you will be given an order number

Feeling Indulgent - why not try one of our tasty desserts, see our blackboard for today's selection. And to finish off your meal try one of our speciality coffees or liqueur coffees.

# Smaller Appetites and Children

Two egg cheese omelette and chips (v)	£3.95
Pasta of the day with crusty bread	£3.95
Small battered cod and chips, served with green round peas	£3.95
Chicken with fresh veg and potatoes, with gravy in a jug on the side	£3.95
Pork sausages, real mash and those green round peas again	£3.95
Homemade curry of the day	£3.95
Vegetable lasagne with crusty bread (v)	£3.95

# Infants

Pasta of the day	£ 1.95
Pork sausage, real mash and peas	£ 1.95
Vegetable lasagne (v)	£ 1.95

# Infants aged 0-1yr FREE

Jars of baby food are available with every adult meal purchased

# Children's Sandwiches

Mild Cheddar (v)	£ 1.95
Gammon Ham (with the fatty bit cut off!!!!!!)	£ 1.95
Thinly spread Marmite (v)	£ 1.95
Tuna Mayo	£ 1.95

*All served on white bread with crusts on and fruit segments (note we do not serve our children's meals with annoying green parsley sprinkled all over them)*

(v) Suitable for vegetarians.

Some fish products may contain small bones.

Some of our dishes may contain traces of nut.

All prices are inclusive of VAT. All items are subject to availability.



# Menu



The Windmill Inn  
Steyne Road Bembridge  
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Tel: 01983 872875  
[www.windmill-inn.com](http://www.windmill-inn.com)

Food served from 12.00pm – 2.30pm  
& 5.30pm – 9.00pm everyday

Don't forget Sunday is carvery day  
the best in the East !!  
£ 6.95 per adult £ 3.95 child's